

Kathleen Harper

[Pillars of Coaching Genius]



1.

The Hermione Coach.

Smart/subtle/strong/tender. *"I love to look things up and research places to go."* She is known as the very smart one amongst her peers. The authority on all kinds of things! If she doesn't know something in the moment, she will find out. Kathleen always has many very good ideas swirling around in her head! Able to solve puzzles, seek out solutions, battle thought lizards with her big brain!



2.

The Taekwondo Coach.

Subtle force to create a very big effect. Kathleen uses the stealth like approach of a cat to create change. *"We were all sitting around in Tahoe when Kathleen quietly said how about we create a group, a guild, to share ideas and combine forces..."* Her peaceful, calm, perfectly timed actions are economical, subtle, and extremely effective. No resistance or churn! I have seen her bring groups together that were separate, calm choppy waters, turn large ships around... all with energy applied very carefully to the exact place where it would create the desired effect. This is also evident in her speaking voice. Soft, clear, calm, non-threatening. People listen when she speaks because it is always worth hearing, and you want her engagement the way you want the attention from a cat!



3.

The Integrative Healer Coach.

Whole health promoted by a whole practitioner. *"Often when my mind can't figure out what is causing stress, Kathleen asks me what my body is telling me."* Kathleen practices mind/body/spirit integration and health. She activates all three parts of herself to be present for you, and therefore, as a client it is possible to mirror that on all three levels yourself.



5.

The Bass Drum Coach.

Holding course and speed/steady as she goes/sound and count/tap tap tap. *"I played the drums and love to tap dance."* This genius in Kathleen is the toughest to explain, but the best analogy I have is comparing Kathleen to a metronome. Her pacing, viewpoints and methods make me feel like I am part of a steady, calm, ordered process that supports my "music." I see her provide that for her sons, husband, and the guild as well. It's like the music director that says, *"and three, two, one, begin."* When there are random notes all jumbled up, a coordinating central beat (drum) can give all the instruments something to play with in harmony.



4.

The Inventor Coach.

Off script/no pattern/starting from scratch/solution designer. *"As a young woman, I wanted to be a fashion designer. I like creating things out of nothing. Making costumes from scratch without a pattern."* Kathleen can create something out of nothing because she is an intellectual thinker capable of truly original thought. This means her coaching is the opposite of formulaic. 1:1 coaching is mind blowing because each session is an opportunity to receive a unique, custom experience perfectly designed for me and my problems.